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# you really can find healthy nail care

by s. bailey

**BETTER HEALTH IS WHAT WE ARE ALL STRIVING FOR WITH THE ONSET OF THE NEW YEAR.** The little things that we do for ourselves are vitally important, and the nail care you are receiving should play an important factor as well.

Think about these key things: Does the Nail Care Specialist providing your services sanitize all their equipment, the work area, and their hands between each client? Are they rushing through the service rather than specializing the service for you and tend to your individual needs? Have you ever wondered about their experience, and are they able to remedy and identify disorders? Are drills really sanitary and how severe is the damage you are receiving? Are you able to communicate your concerns with your specialist? Is it really worth the money you think you are saving by jeopardizing these factors?

**Nails by Stephanie** takes all these factors into consideration, as she should know, she has been in the business for over nineteen years. New to the area, Stephanie has received national recognition in her industry. She has placed twice in the state of Texas for the Best Sculptured Nail, owned two salon spas, and has written and developed Advanced Spa Services.

Specializing in healthy nail care she insures a personalized quality application. Only the finest nail care products available are used, and everything is immaculate! Relaxing and thorough is what you will find. She always begins each service with your own personal file kit, and starts off your service with a manicure. Doing so insures better health, and a clean surface for your enhancements! You will never find drills at her desk, she insists on doing the application by hand which eliminates damage and thinning of the natural nails. Rather than using tips, she builds a custom fit nail to your nail plate, this insures that mildews and fungus will not grow, nor will it allow moisture underneath the nails, and

virtually minimizes any damage. This also allows a thinner, more natural look to your new set!

Her manicures and pedicures are absolutely amazing. You can choose from a menu of services, there are hydrating manicures, Grand Spa manicure, Going all Natural manicure, and a citrus manicure. All of which include exfoliation, hydration, hot towel wraps, paraffin dip and the fine attention to detail that will leave you looking and feeling pampered for days to come. Her pedicures are the most relaxing and thorough I have ever experienced, she has several to tantalize your senses. My favorite was the Mango Citrus Pedicure, sweet fragrance, a sugar scrub all the way to the knees. A mango masque, warming booties, hot towels, so many different steps that all I could do was indulge in being treated like a princess. She also placed a warm herbal wrap around my neck to relax the muscles along with a chilled eye pillow to allow me to drift away from all my worries.



“That is where I discovered that you *do* get what you pay for — **quality that lasts.**”

I have never received such royal treatment, and was amazed at how fresh my nail services looked after three weeks I am still getting complements. That is where I discovered that you do get what you pay for—quality that lasts.

**Call to schedule your personalized private appointment today at: (214) 317-0179!**

*S. Bailey lives in Frisco and owns Nails by Stephanie.*

